

WATERCOLOUR PAINTING BY MARY MOORE, DHM 1973.083.002

This edition will put the spotlight on Autumn/Fall. This painting by Mary Moore shows the buildings at 19 & 89 Commercial Street (now Alderney Drive). This painting measures 14 1/8 inches by 20 inches. It is watercolour on paper with a black matte frame. The colours are stunning!

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#### Scoping out Change: Dartmouth Women in the Medical Field

BY BRIGHID CONNOLLY

Dartmouth Heritage Museum has many artifacts in the collection that have unique and interesting background stories. This Victorian medical instrument is no exception. Made in 1870, this stethoscope once belonged to a notable Dartmouth woman who became a trailblazer in the medical field.

In the 1800's, most medical equipment had a much different appearance than the shiny modern-day equipment that we now know. The stethoscope is no different. If you placed it next to its modern-day version, it would be hard to believe that it had the same purpose. This is a stethoscope from the Victorian era, which was used by doctors to listen to internal sounds made by your lungs, heart and intestinal tract.



DHM 1966.018.001 This stethoscope belonged to Dr. Maria Louisa Angwin

In this era, stethoscopes were made of wood, and designed to be carried inside of the tall beaver hats of doctors and surgeons. This stethoscope is a perfect example of the medical equipment of the Victorian era, but it also represents another important aspect of Nova Scotian history. It belonged to Dr. Maria Louisa Angwin, the first female practicing doctor in Nova Scotia.

Born September 21st, 1849, in Conception Bay Newfoundland, Dr Angwin was the daughter of Thomas Angwin, and Louisa Emma Gill. Dr Angwin's father was a Reverend with the Methodist church and during the mid 1850's they were transferred to Nova Scotia, eventually settling their family in Dartmouth NS. Maria began her higher education in 1866 at the ladies academy of Mount Allison Wesleyan Academy in Sackville New Brunswick,

In this time period, Canadian medical schools did not admit women into their programs, forcing the future Dr. Angwin to attend a medical school in the United States. After deciding to attend medical school, she had to raise the funds herself, so Maria began teaching at a school in Dartmouth until 1879, when she moved to New York, and entered medical school at the Woman's Medical College of the New York Infirmary for Women and Children.

In 1882, Dr. Angwin graduated from medical school and began her internship at the New England Hospital for Women and Children in Boston, later moving to England to practice at the Royal Free Hospital in London. Then, on September 20th, 1884, Nova Scotian history was made as Dr. Angwin became the first woman licensed to practice Medicine in Nova Scotia. She had a highly successful practice and saw patients both from Dartmouth and Halifax.

Not only was Dr. Angwin a medical trailblazer, but she also made important strides in the fight for women's equality in education and medicine. During her career, she authored many papers, and held lectures on a variety of topics including women's right to a higher education, as well as preventative medicine and physical hygiene. It will come as no surprise that, given the era in which she lived, that her position and outspokenness on these topics gained her more than a few critics, but she was undeterred from continuing her fight for women's equality.





Dr. Maria Louisa Angwin's stethoscope DHM 1995.018.001

In 1897, Dr. Angwin decided to continue her own education, returning to New York to continue her postgraduate work. That spring, she underwent minor surgery but passed away due to complications. Dr Angwin is now remembered for her accomplishments, and her work both in the field of medicine and in women's rights.



# **COLLECTIONS CORNER**



# Historic Houses of Dartmouth

BY SHANNON BAXTER

It is hard to imagine today, but Dartmouth used to be dotted with several large estates, owned by various prosperous members of the community. Doctors, lawyers, judges and businessmen built stately homes for their families. This article will highlight just a few of these grand old houses, many of which have sadly disappeared from the map.

### THE BRAE

The Brae once stood where 20 Cleveland Crescent is now. It was built by George A.S. Crichton in 1843, and his family would live there for 65 years. It was a large home, with 14 rooms and 12 foot high ceilings. One of its most distinctive features was a glassed-in observatory on the roof, and a large widow's walk that more or less covered the entirety of the roof itself. This allowed the home excellent views, which included looking out onto Lake Banook, and out towards the harbour and Sullivan's Pond. Local artist and photographer George H. Craig must have been a friend of the Crichton's, for he was allowed to venture up to that Widow's walk and take photographs of those views as they would have been in the 1890s. He also painted these views, clearly impressed by them.



The Brae DHM 1974.046.052

The original property was over 200 acres of land, but by 1909 it had whittled down to only 10 and it was sold that year by Miss Ann Crichton to Dr. R.C. Weldon, who was the Dean of Dalhousie's Law School at the time.

Unfortunately, this grand old house was destroyed by an accidental fire caused by a workman's torch in 1932. We are fortunate enough to have some of its views forever frozen in time.

### **SUNNYSIDE**



Sunnyside DHM 1995.021.059

Built in 1854 by Father and Son architects Jonathan and Henry Elliott, this house still stands at 144 Pleasant Street. It was built for Judge James W. Johnston Jr., the son of another judge, and first premier of Nova Scotia; James W. Johnston Sr., whom the house Mount Amelia was built earlier in 1849 for, which still stands at 28 Blink Bonnie Terrace.

The house was built to look symmetrical. It was part of the larger Mount Amelia estate and had its own stable and duck pond. In 1872 James W. Johnston Sr. sold Mount Amelia, but Sunnyside remained with his son until 1891 when it was sold to A.C. Johnston, then in 1901 it was bought by a Mr. Robert Matheson, who operated a grist mill in the Mill Cove area. Eventually the house was bought by John Jacob Trueb, who owned a candy-making business on North Barrington Street and worked with the Mott Chocolate Factory. Thomas Leslie purchased

CONTINUED ON NEXT PAGE..

# HISTORIC HOUSES OF DARTMOUTH ... CONTINUED

Thomas Leslie purchased Sunnyside in 1919, and his daughter Mrs. Jean Leslie deWitt, said the most interesting part of the house was the old staircase. It was circular, and it was lit by a coloured glass skylight.

Sunnyside was unique in having a central water supply installed in 1858, it was because it was on the same line as the water that was being supplied for the Nova Scotia Hospital, so it and a few other homes on Pleasant Street that were built were able to be included. They had it thirty years before downtown Dartmouth.

### **OCTAGON HOUSE**

Had once been known locally as the "Ink Bottle House" this unique home was built for Gavin Holliday in 1871. It was designed by Henry Elliot, and the contractor was John Keating. However it was greatly inspired by the octagon homes that Gavin Holliday had seen and read about in the New England area, being originally from that area himself. He started out by building instruments, and moved to Dartmouth and became a production manager at the Starr Manufacturing Company.



Octagon House DHM1997.008.001

The house was at the junction of Dahlia Street and Crichton Avenue, what is now the 1 Oak Street apartment building. It had 14 rooms, and octagon shaped terraces surrounding it. In the heart of the

house was a huge spiral staircase that led up to a large widow's walk at the top of the house, which had panoramic views of the area around it, which included Sullivan's Pond. It had washbasins installed in each room, which were double plastered, and it had a two-tiered verandah. Unfortunately the house was torn down and replaced by the aforementioned apartment building.

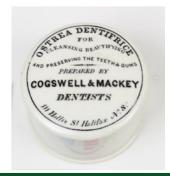
### **LOCUST KNOLL**



Locust Knoll DHM1974.038.061

This estate still stands at 153 Pleasant Street. It was built in 1872, for Dr. Alfred C. Cogswell, a Dentist from Halifax. Like many of the large old houses, it has 14 rooms, and a cupola is its most distinctive feature. The property once had an extensive orchard and gardens, and its own private ice-house that was carved out of the embankment.

The house was purchased in 1889 for \$6,000 (approximately \$199,363.00 today) by Charles C. Harvey, a fruit merchant who lived in Halifax. He would later become an agent for the Department of Transport in Dartmouth, and lived at the house for 40 years. It was later divided into apartments and by the 1970s became a private nursing home.



Bonus Image:

Cogswell & Mackey Ostrea Dentifrice prepared by Cogswell & Mackey Dentists, 111 Hollis Street, Halifax.

DHM2015.274.001a & b

# EVENTS AND EXHIBITS - OCTOBER 2023

# MORBID CURIOSITIES

NEW EXHIBIT OCT 3RD TO NOV 3RD 2023 SPOOKY FUN AT EVERGREEN HOUSE

OUR NEWEST TEMPORARY EXHIBIT AT EVERGREEN HOUSE EXPLORES THE SPOOKY THINGS IN OUR COLLECTION. THROUGHOUT THE HOUSE YOU WILL FIND VICTORIAN DEATH AND MOROURNING TRADITIONS.

# NOCTURNE AT QUAKER HOUSE

FRIDAY, OCT 13TH 6:30PM TO 8PM | REGISTRATION REQUIRED TICKETS \$10/PERSON

COME DOWN TO QUAKER HOUSE FOR AN EVENING TOUR OF THE HOUSE. LISTEN TO SPOOKY STORIES, VIEW THE GARDEN, AND ENJOY THE AMBIANCE OF DOWNTOWN DARTMOUTH.

# HALLOWEEN AT HELEN'S STORY TELLING

WEDNESDAY, OCT 25TH, 2023 7 PM - 8:30 PM | REGISTRATION REQUIRED TICKETS \$15/PERSON

HELEN LOVED HALLOWEEN. SHE WOULD OFTEN DRESS AS A WITCH AND SCARE TOM FORRESTALL NEXT DOOR! JOIN THE HALIFAX STORYTELLERS GUILD FOR STORIES AT EVERGREEN HOUSE. PLEASE NOTE: SOME STORIES WILL NOT BE APPROPRIATE FOR YOUNG CHILDREN OR THOSE WHO SCARE EASILY!

# HALLOWEEN AT HELEN'S PUMPKIN HUNT

FRIDAY OCT 27TH, 2023 CHILDREN'S PUMKIN HUNT 1PM TO 3PM

A FUN ACTIVITY FOR THE WHOLE FAMILY AT EVERGREEN HOUSE! SEARCH THE GARDEN FOR PUMPKINS, PAINT SOME GOURDS. TREATS FOR YOUR LITTLE GHOULS AND GOBLINS.

# BLUE NOSE GHOSTS WITH ROUGE FATALE

BLUE NOSE FRIDAY OCT 27TH, 2023
6:30PM TO 8PM AND 8:30PM TO 9PM
TICKETS \$30 VIRTUAL (THE ARCHITECTURE SAID NO)
TICKETS \$15

JOIN ROUGE FATALE AS SHE READS FROM HELEN CREIGHTON'S BLUE NOSE GHOSTS! TWO SITTINGS AVAILABLE. AFTER THE STORIES, TAKE A LOOK AROUND THE MUSEUM. PROCEEDS FROM SHOW 1 WILL GO TO MACPHEE CENTRE FOR CREATIVE LEARNING AND PROCEEDS FROM SHOW 2 WILL GO TO THE YOUTH PROJECT.

Look for us at **Alderney Landing Pumpkins**, **Food**, **and Folklore** each Saturday from 9am to 1pm. We'll be in one of the new booths by the water. For more information, please contact the museum.

# EVENTS AND EXHIBITS -NOVEMBER & DECEMBER 2023

# CHRISTMAS DECORATING

#### TUESDAY NOVEMBER 14TH, 2023 AT 1PM EVERGREEN HOUSE

JOIN US IN DECORATING EVERGREEN HOUSE IN VICTORIAN CHRISTMAS DECOR. MEET AT THE FRONT DESK AND WE WILL INCLUDE YOU IN ONE OF THE GROUPS. NO NEED TO CALL AHEAD.

# HOLIDAY COFFEE House

#### THURSDAY NOVEMBER 23RD, 2023 7PM TO 9PM

COME DOWN TO EVERGREEN FOR AN EVENING OF FUN, SONG, AND STORIES, CALL 902-464-2300 OR EMAIL INFO@DARTMOUTHMUSEUM.CA TO SIGN UP, NO FEE TO PARTICIPATE, FREE WILL DONATIONS ACCEPTED.

# LETTERS TO SANTA & DONATE TO THOSE IN NEED

# FROM NOVEMBER 6 TO DECEMBER 14, 2023, DURING OPEN HOURS AT EVERGREEN

SIT UPSTAIRS NEXT TO JOE HOWE AND WRITE YOUR LETTER TO SANTA. WE'LL HAVE A MAILBOX SET UP AND MAKE SURE THEY MAKE IT TO THE NORTH POLE. DON'T FORGET TO BRING IN A DONATION TO PUT UNDER THE TREE! DONATIONS WILL BE BROUGHT TO THE COMMUNITY FRIDGE AND FEED NOVA SCOTIA. OR A LOCAL CHARITY.

All events take place at Evergreen House, unless otherwise stated. For more information, please visit our Facebook page, Instagram account, website, or email info@dartmouthmuseum.ca. You can also call 902-464-2300 for more information.



# One Harbour - A Grant Funded Project

By Jessica Webber

Over the past few months, I decided to embrace my inner Helen Creighton and embark on a significant adventure: to explore Dartmouth and Halifax, and connect with, listen to, and record stories from the 2SLGBTQ+ community.

Our initial goal was to create eight-to-ten, 10-minute videos, to highlight on YouTube.

Spoiler alert: I failed HORRIBLY at my assigned task.

In fact, I ended up with nearly twenty hours of oral histories, fifteen one-on-one conversations with members from across the rainbow community, three group conversations, and a list of over fifty other people I did not even get the opportunity to reach out to. As I sat down with members of my community, I

approached it with a blank slate — assume I know nothing and listen to whatever they say. As a result, I have decided to title this "first part" of the project [spaces]. The why behind this title will become evident upon release

While I am beyond thrilled to share with you what has been shared, I want to acknowledge and stress to you, the collective reader, the need for this to be a permanent element of what DHM does. We have lost several prominent voices in the community since drafting the project proposal, many of whom never had the opportunity to share their story. The community exists and they are willing to share.

Thank you to everyone involved at all levels for making this project a reality.



## When the Man in Motion Tour Came to Dartmouth

By Joanne Pepers

Were you in the crowd when Rick Hansen, the Man in Motion, rolled into town on September 16, 1986? If you were, or can identify anyone in these photographs, we would appreciate hearing from you.

Hansen began his global tour in March 1985, in British Columbia. He has been wheelchair bound since a car accident on June 27, 1973. Over a year after the accident, his volleyball coach encouraged him to take up wheelchair sports. He graduated in 1976 from the University of British Columbia - the first disabled person to receive a degree in Physical Education. After several years winning marathons, medals, and distinctions, Rick Hansen knew he could do more, and the Man in Motion Tour was born.

After travelling through 33 countries, Hansen was back in Canada. He arrived in North Sydney on September 10th and would travel about 500 km through Nova Scotia before heading to PEI. Hansen repeated the Canadian part of his tour in 2012, 25 years after his world tour. Today Rick Hansen holds the title of Founder of the Rick Hansen Foundation, which works to make buildings barrier free.

These photos were taken by Dartmouthian and prolific photographer, Lewis Billard.













# EVERGREEN RENTALS \*\*\*







Did you know the Dartmouth Heritage Museum has room rentals for small events and gatherings? Are you looking for a charming space, full of historic character AND a fantastic view of the harbour? Evergreen may be the space for you! This glorious mid-Victorian manor was a family residence before being restored and converted into a museum, since then, the house has played host to several movies and television shows, including The Lizzie Borden Chronicles and Chapelwaite, a Stephen King inspired series. Currently, for private functions, we rent out rooms in the museum for small events, as the Victorian charm also comes with limited space. In the warmer months, there are also the Gardens. Directly behind the house, the sloping green hill rolls down to a lovely garden complete with stone fences and a gorgeously blooming rhododendron. Reach out to us directly or head over to our website under "facility rental"! **Standard Pricing\*:** 

Private booking: \$25.00/hour

For individual booking such as baby showers

Non-Profit booking: \$20.00/hour

For booking from non-profit or other charity organizations

Corporate booking: \$30.00/hour

For government, for-profit companies and others

\*Pricing current at time of printing, based on a per room basis.

For the most up-to-date pricing and availability please visit

our website.

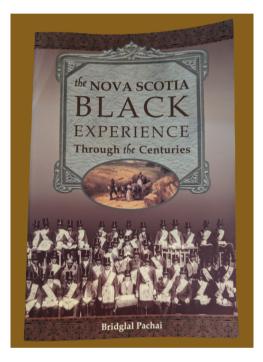






# **GIFT SHOP SPOTLIGHT**

Looking for a gift for someone special? Come take a look in our gift shop. Evergreen accepts cash, debit and credit.



Left: New Books! "The Nova Scotia Black Experience Through the Centuries" by Bridglal Pachai is now available for \$29.95



by summer student Julia Cuthbertson (\$10 each). Don't forget the matching sticker!



Above: The weather is getting cooler pick up a hand-knit hat or slippers. Made by DHM volunteer Barbara McKenzie (prices vary - hat is \$6.50).



Above: As gift giving season approaches, consider stopping by our gift shop. These Viking Leather nature-inspired clip on Above: Blinkie the one-eyed sei whale, crocheted earrings are available for \$15.00. Made from vegetable tanned leather, in Bear River, Nova Scotia.

## DHMS MEMBERSHIP

#### We have 3 categories of membership:

• Individual Membership is for one (1) person Price: \$20

• Family Membership is for a family unit, consisting of at least one (1) adult and one child under the age of eighteen (18)

Price: \$30

 Group Membership is for societies, museums, universities, libraries, corporations, firms, partnerships, foundations and governmental departments.

Price: Please Contact

#### Why become a member?

The Dartmouth Heritage Museum Society operates the Dartmouth Heritage Museum on behalf of the Halifax Regional Municipality, which owns both historic houses and the collection. This allows interested community members to have a real and impactful voice in what happens with the DHM. One of the easiest ways to use your voice is by attending and voting at our Annual General Meeting (AGM). Society members have the right to vote for Board Director nominees and on changes to the Bylaws, both of which have incredible influence on the Society and the museum itself.

#### **Membership Opportunities and Benefits:**

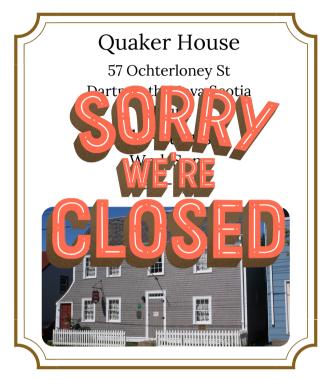
- Voting! Society members have the right to vote on important issues at each Annual General Meeting.
- A 10% discount from the gift shop. This discount is applied by our staff in-person with a valid membership card, or online by using your unique discount code. Please contact museum staff for any help needed with this process.
- Early-bird access to event tickets. This includes popular events such as our Murder Mystery Nights, exhibit openings, and more!
- Discounts on events and activities. In addition to the ability to purchase tickets early, we often have deals and discounts for members.

# DHMS Membership Form

Name:	Date:		
Address:			
Phone: Email:			
Membership Type:	Annual Fee	# of years	Total
Individual	\$20.00		
Family	\$30.00		
Donation (tax receipts are issued for donations)			
Cheques should be made out to: Dartmouth Heritage Museum Society, 26 Newcastle	e St, Dartmou	th, NS B2Y 3	M5
May we have your permission to add your email to used to send updates about our news and upcoming quarterly newsletter)  Yes No	ng events, as	•	O
May we use your name in public recognition of ou	ır donors? Y	/es	No

# The Dartmouth Heritage Museum

"We commit to engagement, education, and storytelling."



### Evergreen House

26 Newcastle St Dartmouth, Nova Scotia Hours:

**Sept-May** Tues-Fri 10am-5pm





MONTH	VARIETY	QUA	LITY
August	Crimson Beauty Bough Sweet Duchess	Dessert Dessert	Cooking
September	Gravenstein Crimson Graven.	Dessert Dessert	Cooking Cooking
October	Gravenstein MacIntosh Blenheim Wolf River	Dessert Dessert	Cooking Cooking Cooking Cooking
November	Wagener MacIntosh Cox Orange Ribston King Blenheim	Dessert Dessert Dessert	Cooking Cooking Cooking
December	Wagener Greening Courtland Ribston King Bishop Pippin	Dessert Dessert Dessert	Cooking Cooking Cooking Cooking
	Baldwin	Dessert	Cooking

From Pamphlet produced by the Nova Scotia Fruit Growers Association and the Department of Agriculture, "65 Apple Recipes" DHM2015.191.001

#### **CONTACT US**

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902-464-2300
info@dartmouthmuseum.ca



## **Buttered Apples**

As we head into harvest season, here's a recipe for baked apples from our collection!

Peel, core and slice NOVA SCOTIA APPLES, placing them in a buttered baking dish, sprinkling a little sugar and small bits of butter between layers. Sprinkle top of dish with bread crumbs. Add a small quantity of water. Bake in a moderate oven until nicely browned on top and apples are baked.